

**Michael W. McMurray, PT, DPT, OCS, FAAOMPT**  
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## Education

### **Manual Therapy Institute**-Baltimore, MD

- Fellowship Program in Orthopaedic Manual Physical Therapy July 2007
- Clinical Residency Program in Orthopaedic Manual Physical Therapy March 2005

### **Shenandoah University**- Winchester VA

- Doctor of Physical Therapy December 2004
- Master of Physical Therapy May 2002

### **Westminster College**- New Wilmington PA

- Bachelor of Science in Psychobiology May 1997

## Work Experience

### **UVa-HealthSouth Outpatient Orthopedics and Sports Medicine**

Staff Physical Therapist January 2012-  
545 Ray C Hunt Drive Suite 2100, Charlottesville, Va 22903

### **Virginia Orthopaedic Manual Physical Therapy Institute, LLC Partner/Faculty**

1200 Monticello Dr, Charlottesville, Va 22903 January 2012-

### **Virginia Therapy and Fitness Center**

Director of Research/CCCE/Staff Physical Therapist January 2008-December  
2011  
1831 Wiehle Ave Suite 200, Reston, VA 20190

### **Inova Physical Therapy Center**

Clinic Director/CCCE February 2005- January  
2008  
6355 Walker Lane Suite 404, Alexandria, VA 22310

### **Inova Physical Therapy Center**

Staff Physical Therapist August 2002-February  
8348 Traford Lane Suite 100, Springfield, VA 22152  
2004

13039 Worldgate Drive, Herndon, VA 20170 February 2004-February  
2005

## Continuing Education

- Trigger Point Dry Needling: Level II Sept 2013
- Medical Exercise Therapy for the Lumbar Spine April  
2013
- Selective Functional Movement Assessment (SFMA) April  
2013
- Running Medicine: From the Lab to the Clinic (Conference and Lab) March  
2013
- Trigger Point Dry Needling: Level 1 March 2013
- Cervical Spine Disorders: Examination and Selected Interventions: Robert Boyles July 2012
- Lower Quarter Biomechanics: Intro and Advanced: Brian Hoke May  
2012
- Current Concepts in Orthopedic Physical Therapy: APTA ISC Feb  
2011
- The Upper Quarter Pain Puzzle: Differential Diagnosis and Treatment of the Orthopedic Patient with  
Upper Quarter Radicular Symptoms: Jack Stagge May  
2010
- The Missing Link: Mark Looper & Ken Olsen Dec 2010
- AAOMPT Annual Conference Washington, DC   
2009
  - Keynote Address: Paul Hodges, Deydre Teyhan
- Lumbopelvic Motor Control: Advanced Clinical Assessment & Treatment of Motor Control  
Dysfunction in Lower Back and Pelvic Pain: Paul Hodges October  
2009
- Headaches, Dizziness and Chronic Neck Pain: James Meadows September  
2008
- AAOMPT Annual Conference Seattle, Washington   
2008
  - Keynote Address: David Butler
- Inova Spring Sports Symposium: Getting the Run Around March 2007
- Sportsmetrics Training and Certification Course: Cincinnati Sportsmedicine and Research Institute 2006
- Evidence Based Leadership Program: Inova Health System & The Studer Group 2006-  
2008
- Evaluation and Treatment of the Foot and Ankle: Kathy Stupanksy & Gail Malloy October  
2006
- Evidence Based Physical Therapy Practice: Charting a Course for Your Success June  
2005
  - EIM online course: Course Developers: Wainner, Childs, Benz, Flynn
- Clinical Applications in Functional Testing and Rehabilitation: BTE Technologies March  
2005
- Inova Symposium on Lower Extremity Injuries Feb 2005
- Inova Health System Leadership Immersion Program Jan  
2005
- Medical Screening: Medical and Musculoskeletal Differential Diagnosis, Including Nutrition Oct  
2004
- Advanced cervical spine II: The Manual Therapy Institute October  
2004
- Business and Marketing for Practicing in the New Millennium: Shenandoah University Transitional  
DPT Program Jan-May  
2004
- Medical Screening/Differential Diagnosis  
Shenandoah University: Transitional DPT Program Jan-May  
2004
- Professionalism: The Doctoring Profession:  
Shenandoah University Transitional DPT Program May-Aug  
2004
- Emerging Clinical Practice: Shenandoah University Transitional DPT Program May-Aug  
2004
- Performance Management: New Horizons for Success: Inova Health System August  
2004
- Advanced cervical spine I: The Manual Therapy Institute August  
2004

- Functional Stabilization: The Manual Therapy Institute June  
2004
- Advanced Lumbar Spine: The Manual Therapy Institute May  
2004
- Manipulation/ ANTT: The Manual Therapy Institute March  
2004
- Medical Exercise Therapy: The Manual Therapy Institute January  
2004
- Thoracic Spine: The Manual Therapy Institute December  
2003
- Extremities II/ Extremities I: The Manual Therapy Institute October/November  
2003
- Intro to Cervical Spine II: The Manual Therapy Institute August/October  
2003
- Evidence Based Practice in Physical Therapy:  
Shenandoah University Transitional DPT Program Sept-Dec  
2003
- Legal and Ethical Issues in Rehabilitation  
Shenandoah University: Transitional DPT Program Sept-Dec  
2003
- Assessing Student Performance: Clinical Education Workshop: Marymount University May,  
2003
- Intro to Lumbar Spine I/II: The Manual Therapy Institute May/June  
2003
- The Biomechanics of Throwing: Prevention, Diagnosis and Rehabilitation April,  
2003
- Maitland Australian Physiotherapy Seminars: MT-2: Basic Spinal March,  
2003
- Foundations of Manual Therapy: The Manual Therapy Institute January/March  
2003
- Janda Approach to Musculoskeletal Pain November,  
2002

## Teaching Experience

Orthopaedic Manual Physical Therapy Series Virginia Orthopaedic Manual Physical Therapy Institute	2012-Present
Theories of Sacroiliac Joint Dysfunction Assessment and Treatment Shenandoah University Alumni Weekend	October 2010
Introduction to Manipulation; Lab Assistant George Washington University Physical Therapy Program	April 2010
Introduction to Spinal and Extremity Manipulation Shenandoah University Physical Therapy Program 2008; 2009	
Cervical Spine Assessment and Treatment The Jackson Clinics Residency Program	2009
Low Back Pain and Hypermobility The Jackson Clinics Residency Program	2009
Treatment of the Thoracic Spine and Ribs Inova Physical Therapy Centers	2006
Cervical Stabilization Inova Physical Therapy Centers	2006

Introduction to Cervical Spine Examination and Intervention Inova Physical Therapy Centers All Staff Meeting Breakout Session	October 2006
Physical Therapy Intervention after ACL Reconstruction Inova Physical Therapy Centers Sports Medicine Symposium Keynote 2005	February

## Publications

Soft Tissue Structures of the Lumbar Spine. <i>Journal of Spinal Research Foundation</i> 2011	Spring
Obesity and Exercise. <i>Journal of Spinal Research Foundation</i>	Fall 2009
The Effect of Physical Therapy on Common Pathologies. <i>Journal of Spinal Research Foundation</i> 2009	Spring

## Professional Affiliations

American Academy of Orthopaedic Manual Physical Therapists	2006-Present
▪ Membership Committee	2008-2010
American Physical Therapy Association	1999-Present
▪ Virginia Chapter Member	
▪ Orthopedic Section Member	

## Board Certifications

Orthopaedic Clinical Specialist (OCS) APTA, American Board of Physical Therapy Specialties	2011
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## Professional Licensure/Certifications

Trigger Point Dry Needling Certified	2013-Present
Physical Therapist: Virginia	2002-Present
Virginia State Physical Therapy Direct Access Certification	2008-Present
Physical Therapist: Pennsylvania	2005-2007
NSCA Certified Strength and Conditioning Specialist	2002-2007
Emergency Medical Technician	1995-Present

## Awards/Appointments

Shenandoah University Distinguished Alumnus Award for Professional Achievement	2012
Shenandoah University Division of Physical Therapy Outstanding Clinical Instructor Nominee	2011
Shenandoah University <i>SU Today</i> Alumni Focus	March 2011
Virginia Spine Institute Employee of the Year Virginia Therapy and Fitness Center MVP 2010	2010
Shenandoah University Clinical Education Advisory Panel	2010
Director of Research: Virginia Therapy and Fitness Center	2009-2011
Center Coordinator for Clinical Education: Virginia Therapy and Fitness Center	2008-2011
Center Coordinator for Clinical Education: Inova Physical Therapy Centers	2006-2008