

Michael W. McMurray, PT, DPT, OCS, FAAOMPT
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Education

Manual Therapy Institute-Baltimore, MD

- Fellowship Program in Orthopaedic Manual Physical Therapy July 2007
- Clinical Residency Program in Orthopaedic Manual Physical Therapy March 2005

Shenandoah University- Winchester VA

- Doctor of Physical Therapy December 2004
- Master of Physical Therapy May 2002

Westminster College- New Wilmington PA

- Bachelor of Science May 1997

Work Experience

UVa-HealthSouth Outpatient Orthopedics and Sports Medicine

Staff Physical Therapist January 2012-
545 Ray C Hunt Drive Suite 2100, Charlottesville, Va 22903

Virginia Orthopaedic Manual Physical Therapy Institute, LLC
Partner/Faculty

1200 Monticello Dr, Charlottesville, Va 22903 January 2012-

Virginia Therapy and Fitness Center

Director of Research/CCCE/Staff Physical Therapist January 2008-December 2011
1831 Wiehle Ave Suite 200, Reston, VA 20190

Inova Physical Therapy Center

Clinic Director/CCCE February 2005- January 2008
6355 Walker Lane Suite 404, Alexandria, VA 22310

Inova Physical Therapy Center

Staff Physical Therapist August 2002-February 2004
8348 Traford Lane Suite 100, Springfield, VA 22152 February 2004-February 2005
13039 Worldgate Drive, Herndon, VA 20170

Continuing Education

- AAOMPT Annual Conference: San Antonio, Tx October 2014
 - Keynote: Laurie Hartman, Darren Rivett, Michael Shacklock
- Osteopathic Manipulation October 2014
 - Laurie Hartman, DO
- The Art and Science of Medical Screening for Physician Referral May 2014
 - William Boissonnault, PT, DHSc, DPT, FAAOMPT, FAPTA
- Regionalization of the Upper Quarter April 2014
 - Eric Kopp PT, OMT, OCS, FAAOMPT
- Trigger Point Dry Needling: Level II Sept 2013
- Medical Exercise Therapy for the Lumbar Spine April 2013
 - Eric Kopp, PT, OMT, OCS, FAAOMPT
- Selective Functional Movement Assessment (SFMA) April 2013
- Running Medicine: From the Lab to the Clinic (Conference and Lab) March 2013
 - University of Virginia
- Trigger Point Dry Needling: Level 1 March 2013
- Cervical Spine Disorders: Examination and Selected Interventions: July 2012
 - Robert Boyles PT, DSc, OCS, FAAOMPT
- Lower Quarter Biomechanics: Level I and II May 2012
 - Brian Hoke PT, DPT, SCS
- Current Concepts in Orthopedic Physical Therapy: APTA ISC Feb 2011
- The Upper Quarter Pain Puzzle: Differential Diagnosis and Treatment of the Orthopedic Patient with Upper Quarter Radicular Symptoms May 2010
 - Jack Stagge PT, OCS, FAAOMPT
- The Missing Link Dec 2010
 - Mark Looper PT, COMT, FAAOMPT & Ken Olsen PT, COMT, FAAOMPT
- AAOMPT Annual Conference Washington, DC 2009
 - Keynote Address: Paul Hodges, Deydre Teyhan
- Lumbopelvic Motor Control: Advanced Clinical Assessment & Treatment of Motor Control Dysfunction in Lower Back and Pelvic Pain October 2009
 - Paul Hodges PhD MedDr (Neurosci), BPhy (Hons)
- Headaches, Dizziness and Chronic Neck Pain September 2008
 - James Meadows BScPT, MCPA, FCAMT
- AAOMPT Annual Conference Seattle, Washington 2008
 - Keynote Address: David Butler
- Inova Spring Sports Symposium: Getting the Run Around March 2007
- Sportmetrics Training and Certification Course: Cincinnati Sportsmedicine and Research Institute 2006
- Evidence Based Leadership Program: Inova Health System & The Studer Group 2006-2008
- Evaluation and Treatment of the Foot and Ankle October 2006
 - Kathy Stupanksy PT, OCS, COMT, FAAOMPT & Gail Malloy PT, OCS, COMT, FAAOMPT
- Evidence Based Physical Therapy Practice: Charting a Course for Your Success June 2005
 - EIM online course: Course Developers: Wainner, Childs, Benz, Flynn
- Clinical Applications in Functional Testing and Rehabilitation: BTE Technologies March 2005
- Inova Symposium on Lower Extremity Injuries Feb 2005
- Inova Health System Leadership Immersion Program Jan 2005
- Medical Screening: Medical and Musculoskeletal Differential Diagnosis, Including Nutrition Oct 2004
 - David Musnick, MD
- Advanced cervical spine II: The Manual Therapy Institute October 2004
- Business and Marketing for Practicing in the New Millennium: Shenandoah University Transitional DPT Program Jan-May 2004
- Medical Screening/Differential Diagnosis Shenandoah University: Transitional DPT Program Jan-May 2004
- Professionalism: The Doctoring Profession: Shenandoah University Transitional DPT Program May-Aug 2004
- Emerging Clinical Practice: Shenandoah University Transitional DPT Program May-Aug 2004
- Performance Management: New Horizons for Success: Inova Health System August 2004
- Advanced cervical spine I: The Manual Therapy Institute August 2004
- Functional Stabilization: The Manual Therapy Institute June 2004
- Advanced Lumbar Spine: The Manual Therapy Institute May 2004
- Manipulation/ ANTT: The Manual Therapy Institute March 2004
- Medical Exercise Therapy: The Manual Therapy Institute January 2004

- Thoracic Spine: The Manual Therapy Institute December 2003
- Extremities II/ Extremities I: The Manual Therapy Institute October/November 2003
- Intro to Cervical Spine II: The Manual Therapy Institute August/October 2003
- Evidence Based Practice in Physical Therapy:
Shenandoah University Transitional DPT Program Sept-Dec 2003
- Legal and Ethical Issues in Rehabilitation
Shenandoah University: Transitional DPT Program Sept-Dec 2003
- Assessing Student Performance: Clinical Education Workshop: Marymount University May, 2003
- Intro to Lumbar Spine I/II: The Manual Therapy Institute May/June 2003
- The Biomechanics of Throwing: Prevention, Diagnosis and Rehabilitation April, 2003
- Maitland Australian Physiotherapy Seminars: MT-2: Basic Spinal March, 2003
 - Chris Greetham, PT, COMT, FAAOMPT, MCSP
- Foundations of Manual Therapy: The Manual Therapy Institute January/March 2003
- Janda Approach to Musculoskeletal Pain November, 2002
 - Philip Page MS, PT, ATC, CSCS

Teaching Experience

Orthopaedic Manual Physical Therapy Series <i>Virginia Orthopaedic Manual Physical Therapy Institute</i> <i>UVa-HealthSouth Orthopedic Physical Therapy Residency Program</i>	2012-Present
Theories of Sacroiliac Joint Dysfunction Assessment and Treatment <i>Shenandoah University Alumni Weekend</i>	October 2010
Introduction to Spinal and Extremity Manipulation <i>Shenandoah University Physical Therapy Program Advanced Topics</i>	2008; 2009
Cervical Spine Assessment and Treatment <i>The Jackson Clinics Residency Program</i>	2009
Low Back Pain and Hypermobility <i>The Jackson Clinics Residency Program</i>	2009
Treatment of the Thoracic Spine and Ribs <i>Inova Physical Therapy Centers</i>	2006
Cervical Stabilization <i>Inova Physical Therapy Centers</i>	2006
Introduction to Cervical Spine Examination and Intervention <i>Inova Physical Therapy Centers All Staff Meeting Breakout Session</i>	October 2006
Physical Therapy Intervention after ACL Reconstruction <i>Inova Physical Therapy Centers Sports Medicine Symposium Keynote</i>	February 2005

Publications

Soft Tissue Structures of the Lumbar Spine. <i>Journal of Spinal Research Foundation</i>	Spring 2011
Obesity and Exercise. <i>Journal of Spinal Research Foundation</i>	Fall 2009
The Effect of Physical Therapy on Common Pathologies. <i>Journal of Spinal Research Foundation</i>	Spring 2009

Professional Affiliations

American Academy of Orthopaedic Manual Physical Therapists	2006-Present
▪ Membership Committee	2008-2010
American Physical Therapy Association	1999-Present
▪ Virginia Chapter Member	
▪ Orthopedic Section Member	

Board Certifications

Orthopaedic Clinical Specialist (OCS) 2011
APTA, American Board of Physical Therapy Specialties

Professional Licensure/Certifications

Trigger Point Dry Needling Certified 2013-Present
Physical Therapist: Virginia 2002-Present
Virginia State Physical Therapy Direct Access Certification 2008-Present
Physical Therapist: Pennsylvania 2005-2007
NSCA Certified Strength and Conditioning Specialist 2002-2007
Emergency Medical Technician 1995-Present

Awards/Appointments

Shenandoah University Distinguished Alumnus Award for Professional Achievement 2012
Shenandoah University Division of Physical Therapy Outstanding Clinical Instructor Nominee 2011
Shenandoah University *SU Today* Alumni Focus March 2011
Virginia Spine Institute Employee of the Year 2010
Virginia Therapy and Fitness Center MVP 2010
Shenandoah University Clinical Education Advisory Panel 2010
Director of Research: Virginia Therapy and Fitness Center 2009-2011
Center Coordinator for Clinical Education: Virginia Therapy and Fitness Center 2008-2011
Center Coordinator for Clinical Education: Inova Physical Therapy Centers 2006-2008