



Name: _____ Date: _____

Diagnosis: _____ Symptoms: _____

Left			Frontal View	Right		
Narrow	Neutral	Wide	Step width	Narrow	Neutral	Wide
Abducted	Cross-over	In-line	Arm movement	Abducted	Cross-over	In-line
Ipsilateral	Neutral	Contralateral	Trunk	Ipsilateral	Neutral	Contralateral
ADD	ABD	Neutral	Hip stability	ADD	ABD	Neutral
		↑IR				↑ER
Valgus	Neutral	Varus	Dynamic knee alignment	Valgus	Neutral	Varus
Supinated	Neutral	Pronated	Midstance pronation	Supinated	Neutral	Pronated
			Cadence			
			Notes			
			Lateral Plane			
<4cm	4-6cm	>6cm	Vertical displacement	<4cm	4-6cm	>6cm
limited	optimal	increased		limited	optimal	increased
↑anterior	neutral	↑posterior	Arm movement	↑anterior	neutral	↑posterior
Forward tilt	Neutral	Backward	Torso orientation	Forward tilt	Neutral	Backward
Lordosis	neutral	flat	Lumbopelvic posture	Lordosis	neutral	flat
15-20deg	5-15	<0	Hip extension @ Toe off	15-20deg	5-15	<0
normal	limited	severe		normal	limited	severe
>25deg	20-25	<20	Knee excursion @ stance	>25deg	20-25	<20
flexed	optimal	stiff		flexed	optimal	stiff
Heel	Midfoot	Forefoot	Foot strike pattern	Heel	Midfoot	Forefoot
neutral contact	anterior to COM			neutral contact	anterior to COM	
			Notes:			

