

## CURRICULUM VITAE

**Name:** Aaron Hartstein, PT, MPT, OCS, FAAOMPT  
**Address:** 1775 North Sector Court, Suite 219  
Winchester, VA 22601  
**Phone Number:** 540-665-5522  
**Name of Educational Program and Institution:**  
Virginia Orthopedic Manual Physical Therapy Institute  
Shenandoah University Division of Physical Therapy

### Education:

2015-2017      **Shenandoah University, Winchester, Va**  
School of Health Professions  
Transitional Doctor of Physical Therapy (tDPT)  
*Enrolled and anticipated*

2000-2003      **West Virginia University, Morgantown, Wv**  
School of Medicine  
Masters Degree in Physical Therapy (MPT)  
Magna Cum Laude

1998-2002      **West Virginia University, Morgantown, Wv**  
Interdisciplinary Studies (Emphasis in Applied Exercise/Health)  
GPA = 3.84  
Bachelor of Arts (BA)

### Licensure Information/Registration Number:

2003 - Present      VA #2305203727  
2006-2007      CA #PT32950

### Certifications:

2013      Kinetacore: Trigger Point Dry Needling Level II  
2010      Kinetacore: Trigger Point Dry Needling Level I  
2010      American Physical Therapy Association, Alexandria, Va  
Board Certified in Orthopedics (OCS)  
2007      Kaiser Hayward Physical Therapy Fellowship in Orthopedic  
Manual Therapy, Hayward, Ca  
Fellow of the American Academy of Orthopedic Manual Physical  
Therapists (FAAOMPT)

### Employment and Positions Held:

2014-Present      Assistant Professor, Division of Physical Therapy  
Shenandoah University  
Winchester, Va

2011-Present      Residency Mentor, UVA HealthSouth Orthopedic Residency  
Program

2011-Present	Primary Faculty, Virginia Orthopedic Manual Therapy Institute (VOMPTI)
2011-2013	Clinical Instructor for Shenandoah University
2008-2011	Assistant Faculty and Mentor for UVA HealthSouth Orthopedic Residency
2007	Physical Therapist, Kaiser Permanente Richmond Medical Center, Richmond, Ca
2006-2013	Clinical Instructor for West Virginia University
2006	Physical Therapist, Kaiser Permanente San Francisco Medical Center, San Francisco, Ca
2003-Present	Physical Therapist, PRO Physical Therapy, Winchester and Front Royal, Va

#### **Non-Peer Reviewed Presentations:**

2015/2016	<p><b>Hartstein A; Lievre A; Bittner J; Bell R; Dolinar K; Earner D; Johnson C; Miller V; Maher RM.</b> The Immediate Effects of Thoracic Spine Manipulation on the Upper Limb Tension Test and the Seated Slump Test.</p> <ul style="list-style-type: none"> <li>- SUpr Summit Poster Presentation, Winchester, Va</li> <li>- John's Hopkins Clinical Showcase, Baltimore, Md</li> <li>- APTA CSM Poster Presentation, Anaheim, Ca</li> <li>- AAOMPT Platform Presentation, Louisville, Ky</li> </ul>
-----------	--

#### **Published Abstracts of Peer Reviewed Presentations:**

2015	<p><b>Hartstein A; Lievre A; Bittner J; Bell R; Dolinar K; Earner D; Johnson C; Miller V; Maher RM.</b> The Immediate Effects of Thoracic Spine Manipulation on the Upper Limb Tension Test and the Seated Slump Test. 2015 AAOMPT Abstracts, JMMT. Control ID: 2316038</p>
------	---

#### **Research Activity:**

Primary Investigator

2016	<p><i>Lievre A; <b>Hartstein A</b>; Clinton K; Falkenkous J; Finn E; Kash R; Lauth H; Nester R.</i> The Immediate Effects of Thoracic Spine Manipulation Versus a Sham Comparator on the Upper Limb Provocation Test and Seated Slump Test.</p> <ul style="list-style-type: none"> <li>- Experimental design: pre-test/post-test, control group design</li> <li>- Funding: Internal</li> </ul>
2016	<p><b>Hartstein A; Lievre A; Hudson D; Musy E; Souter C.</b> The Influence of Physical Therapy Experience and Education on Clinical Reasoning.</p>

- Exploratory design
- Funding: Internal

**Continuing Education Workshops Conducted/Organized:**

2016	Spinal and Peripheral Joint Manipulation, Marymount University (2 day continuing education course)
2016	Mechanisms of Manual Therapy. Annual SU Athletic Training Symposium, Winchester, Va
2014	An Evidence-Based Approach to Evaluation and Treatment of the Cervical Spine. Physiotherapy Associates, Greenbelt, Md (2 day continuing education course)
2013	Clinical Reasoning for Cervical Spine Dysfunction: A Lab Based Course. VPTA, Richmond, Va (2 day continuing education course)
2012	An Evidence-Based Approach to Cervical Spine Manipulation. Shenandoah University Alumni Weekend, Winchester, Va (1 day continuing education course)
2011-Present	VOMPTI Orthopedic Manual Therapy Series (6 weekend courses which make up didactic portion of Residency). Completed annually.

**Membership in Scientific/Professional Organizations:**

APTA  
AAOMPT

**Consultative and Advisory Positions Held:**

Class Advisor – Class of 2018

Faculty Advisor – Class of 2018 (6 students), Class of 2017 (5 students), Class o 2016 (2 students)

**Community Service:**

2014	Winchester Laurel Center Foundation - Assisted in development of fund in honor of John Morrison and raised > \$75,000 to be used to build two rooms in his name
2012	Appalachian Trail Day, Front Royal, Va
2010	Coaches Conference - lecture on ACL prevention and jumping/landing strategies, Winchester, Va
2006	Physical Therapy for Multiple Sclerosis, MS Support Group, Winchester, Va
2003	Big Brothers, Big Sisters, Morgantown, Wv
1999	Make-A-Wish Foundation, Morgantown, Wv

### **Service to the University/College/School:**

#### University Service

2015 Clarion Case Competition Group Facilitator/Mentor

#### Division Service

Co-chair PT Admission Committee

Internal IPE Day

Parents Breakfast

Faculty Liaison for PT Gala Entertainment

Initial meetings with Dr. Ford to discuss Faculty Run Clinic

#### Professional Service:

Part-time clinician at PRO Physical Therapy

Clinical Mentor for UVA-HealthSouth Orthopedic Residency

Virginia Orthopedic Manual Therapy Institute (VOMPTI) Faculty Member

American Physical Therapy Association (APTA) Member

American Academy of Orthopedic Manual Physical Therapists (AAOMPT) Member

### **Honors and Awards:**

- |      |  |
|------|--|
| 2016 | Mary Lou Barnes Award for Distinguished Professional Service, West Virginia University |
| 2015 | Beb Cash Award, Virginia Physical Therapy Association (VPTA)                           |
| 2015 | Best Graduate Research, SUpr Summit, Shenandoah University                             |
| 2013 | Outstanding Clinical Instructor Award, Shenandoah University                           |
| 2002 | Physical Therapy Capstone Award, West Virginia University                              |

### **Continuing Education Attended (last 5 years):**

- |      |  |
|------|--|
| 2016 | Integration of Clinical Reasoning in Physical Therapy Management of Patients with Spine Pain – A. Russell Smith Jr, PT, EdD, OCS, FAAOMPT, Charlottesville, VA |
| 2015 | Musculoskeletal Imaging for Physical Therapists – Gail Deyle, PT, DPT, DsC, OCS, FAAOMPT, Charlottesville, VA  |
|      | Fast and Slow Reasoning in Musculoskeletal Practice – Mark Jones, BS, RPT, MAppSc (Manip Therapy)  |
|      | A Cognitive Functional Approach to Managing Disabling Back Pain – Peter O'Sullivan, Dip Physio, Post Grad Dip Manip Ther, PhD, FACP, APAM                      |
|      | AAOMPT Annual Conference, Louisville, Ky   |

- 2014                    The Art and Science of Physical Therapist Screening for  
Physician Referral – William, Boissonnault, PT, DPT, DHSc, FAAOMPT,  
FAPTA, Charlottesville, VA
- Therapeutic Neuroscience Education – Emilio Puentedura, PT, DPT,  
PhD, OCS, FAAOMPT, Front Royal, VA
- Advanced Lower Extremity Biomechanics and Video Gait Analysis Brian  
Hoke, DPT, SCS , Front Royal, VA
- 2013                    Trigger Point Dry Needling/Intramuscular Manual Therapy Level  
II, Edo Zylstra, PT, MS, OCS, IMSp, Baltimore, MD
- 2012                    Differential Diagnosis: Which Clinical Tests are the Best? – Chad  
Cook, PT, PhD, MBA, FAAOMPT, Front Royal, VA
- Introduction to Lower Extremity Biomechanics and Advanced LowerLimb  
Biomechanics – Brian Hoke, DPT, SCS, Front Royal, VA
- 2011                    Vestibular Rehabilitation Therapy – Evaluation and Treatment of  
Dizziness and Balance - Jeff Walter, PT, DPT, NCS, Alexandria, VA
- 2010                    Advanced Differential Diagnosis and Treatment of Neurogenic  
Pain Syndromes – Jack Stagge, PT, OCS, FAAOMPT, Front Royal, VA
- Trigger Point Dry Needling/Intramuscular Manual Therapy Level I –  
Introductory application for Pain Management and Sports Injuries – Edo  
Zylstra, PT, MS, OCS, IMSp, Vail, CO
- AAOMPT Annual Conference, San Antonio, TX

**Current Teaching Responsibilities in the Entry-level Physical Therapy Program:**

Year I, Term I

PT 607            Examination and Intervention, Co-coordinator

Year I, Term II

PT 610            Musculoskeletal Systems I, Co-coordinator

PT 620            Introduction to Therapeutic Interventions, Co-coordinator

Year II, Term I

PT 709            Musculoskeletal Systems II, Co-coordinator

PT 790            Therapeutic Interventions I, Co-coordinator

Year II, Term II

PT 710            Musculoskeletal Systems III, Co-coordinator

PT 783            Therapeutic Interventions II, Co-coordinator

