

Kristin Marie Kelley, PT, DPT, FAAOMPT, OCS

3108 Walnut Ridge Lane
Goochland VA 23063
412-841-8817
kkotchmar@yahoo.com

SUMMARY OF QUALIFICATIONS:

- Post Professional Doctorate in Physical Therapy
- Awarded ABPTS Certification as Orthopedic Certified Specialist
- Fellow of the American Academy of Manual Physical Therapists
- Regional Vice President overseeing ProCare Physical Therapy, Virginia Region
- Instructor and Mentor for Orthopedic Residency Physical Therapist Clinical Education Program
- Trigger Point Dry Needling Certified

WORK EXPERIENCE:

Virginia Orthopedic Manual Physical Therapy Institute Residency	2012-Present
Orthopedic Physical Therapy Residency Faculty, Instructor and Mentor	
ProCare Physical Therapy , Regional Vice President	2016-Present
Outpatient orthopedic clinic care, mentor and director of Virginia market	
Physiotherapy Associates , Multi-site Manager, Orthopedic Residency Director,	2011-2016
Outpatient orthopedic clinical care, mentor and director of 6 outpatient orthopedic therapy sites, program development, teaching, and coordination of orthopedic residency program	
Physical Therapy Expert Witness , case review, testimony	2008-Present
Review of Physical Therapy legal cases with expert witness testimony	
Concentra Medical Center Physical Therapy , Area Therapy Director	2002-2011
Outpatient orthopedic clinical care, mentor and director of 4 outpatient orthopedic sites	
Health South Sports Medicine and Rehabilitation Center , Staff Therapist	1999-2002
Outpatient orthopedic patient care	
Medical Equipment Distributors of Virginia , Staff Therapist	1999-2001
Wheelchair consultation, education, fitting	

EDUCATION:

Rosalind Franklin University of Medicine and Science
Post Professional Doctorate in Physical Therapy, August 2013
Shenandoah University, Program in Physical Therapy
Masters of Physical Therapy, May 1999
Grove City College
Bachelor of Science in Molecular Biology, May 1996

CONTINUING EDUCATION:

05/2016	"Integration of Clinical Reasoning in Physical Therapy Management of Patients with Spine Pain," A. Russell Smith Jr, PT, EdD, OCS, FAAOMPT
04/2016	"Residency and Fellowship 101" American Board of PT Residency and Fellowship Education
03/2016	"Running Medicine, 2016" University of Virginia

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- 09/2015 "Clinical Reasoning: Fast and Slow Reasoning in Musculoskeletal Practice," Mark Jones
- 05/2015 "Exercise Prescription/Manual Therapy for the Lower Quarter," Eric Kopp
- 03/2014 "The Gait Debate" Running Conference, Charlottesville VA
- 10/2013 "The Shoulder and Elbow in the Overhead Athlete," Todd Ellenbecker
- 9/2013 "Trigger Point Dry Needling" – Level 2, Institute of Advanced MS Treatments
- 4/2013 "Exercise Therapy of the Lumbar Spine," Eric Kopp
- 3/2013 "Trigger Point Dry Needling" – Level 1, Institute of Advanced MS Treatments
- 09/2012 "Clinical NeuroDynamics for the Lower Quarter," Michael Shacklock
- 09/2012 "Clinical NeuroDynamics for the Upper Quarter," Michael Shacklock
- 03/2012 "The Gait Debate" Running Conference, Charlottesville VA
- 2008-2010 AAOMPT National Conference
- 05/2008 "Manipulation for the Advanced Manual Therapist", David Miers, PT, FAAOMPT, OCS, CSCS
- 08/2007 APTA Credentialed Postprofessional Clinical Fellow in Orthopedic Manual Physical Therapy, The Manual Therapy Institute
- 04/2007 "Performance Management Fundamentals," Alan Rhea
- 01/2003-03/2005 Completion of "Long Term Program in Orthopedic Manual Therapy," Manual Therapy Institute
- 05/2003 "The Complicated Patient, Treatment Strategies to Manage Difficult Patients." Kevin Wilk, PT
- 01/2003 "APTA CI Education and Credentialing Program," Lynn Fitzgerald, University of Pittsburgh
- 12/2002 "Recent Advances in the Evaluation and Treatment of the Knee," Kevin Wilk, PT
- 12/2002 "Recent Advances in the Evaluation and Treatment of the Shoulder," Kevin Wilk, PT
- 11/2002 "Treatment and Diagnosis of Work-Related Orthopedic Injuries," Tri-State Orthopaedics
- 10/2002 "Three Rivers Academic Consortium Clinical Education and Conflict Management Seminar"
- 03/2002 "Baseball Injuries and The Throwing Athlete," Steven G. Reece, M.D., C.A.Q.
- 10/2001 "Mechanical Diagnosis," Brad Jordan, Health South Continuing Education Department
- 01/2001 "Foot and Ankle 2001," Ed Mulligan, Health South Continuing Education Department
- 08/2000 "Knee-Shoulder Roundtable," Tim Heckmann, Health South Continuing Education Department
- 07/2000 "Cervical and Thoracic Spine," Jim Bezell, Health South Continuing Education Department
- 03/2000 "Lumbar Spine I & II," George Aaron, Health South Continuing Education Department
- 08/1999 "Knee I & II," George Carruth, Health South Continuing Education Department
- 08/1999 "Quality Care...Efficiency," Brad Cooper, Health South Continuing Education Department
- 07/1999 "The Clinician's 8 Hour MBA," Brad Cooper, Health South Continuing Education Department

PROFESSIONAL ORGANIZATIONS:

- 2008-present American Academy of Orthopedic Manual Physical Therapists
- 1196-present American Physical Therapy Association

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TEACHING EXPERIENCE:

04/2016	Evaluation and Treatment of the Upper and Lower Extremity Neurodynamic System: A Manual Therapy Approach
01/2013 to present	Clinical Fellowship Mentor, Evidence in Motion
02/2012 to present	Faculty and Clinical Residency Instructor of Virginia Orthopedic Manual Physical Therapy Institute, APTA Physical Therapy Orthopedic Residency Program
05/2014	Instructor, "Evaluation and Treatment of the Thoracolumbar Spine: A Manual Therapy Approach" VPTA/Tidewater District Course
05/2013	Instructor, "Advanced Manual Therapy Techniques for the Lumbopelvic Region" PPTA/Southeast District Course
03/2008	Lab teaching assistant for "A Manual Therapy Approach of Mechanical LBP and Lumbar Hypermobility, David Miers, PT, FAAOMPT, OCS, CSCS
04/2007	Lab teaching assistant for "Evaluation and Treatment of the Cervical Spine," The Manual Therapy Institute
02/2007	Lab teaching assistant for "Evaluation and Treatment of the Extremities," The Manual Therapy Institute